

# The ReX Files

Volume 14, Issue 8

## Inside this issue:

Getting to Know You!	2
Open Enrollment	2
Welcome Aboard!	2
Birthdays In August	3
Did You Know?	3
Service Anniversaries	3
A Little Humor	3
The Rex Riddle - #27	3
Seven Common Accident Causes	4
Sun & Heat Exposure Safety Facts & Tips	4

#### Free Coffee Day!

To celebrate those employees with Birthdays in August (see Birthday Listing on page 3), there will be free coffee from the vending machine starting early AM on August 19th through early AM on August 20th. ENJOY!

HAPPY BIRTHDAY TO ALL!

### Newsletter

August 2013

#### Improvement Idea Winner By Scott Wagner, Plant Mgr.

**Congratulations** to **Robert Forbes**, a Furnace Operator on "B" shift, for being the improvement Idea winner for the month of July.

Robert submitted a great idea that will improve the quality of the product we are processing as well as reduce the time it takes to set up the job, thus saving money in several ways. The idea is to purchase shim stock in a variety of sizes and have it cut to sizes that we frequently use for the different parts.



There were a total of 4 improvement ideas submitted in the month of July. Others contributing ideas were James Forbes with 2 ideas and Yao Kangni Soukpe with 1 idea. Thank you, everyone, for letting us know your ideas for improvements here at Rex.

The next Improvement Idea spin will be held on Monday, August 19, at 3:10 PM in the Induction area. Robert will be drawing the name of one lucky employee for the "Employee Appreciation" spin. Perhaps it will be

Write your ideas down on a slip of paper and drop them into the box outside of the Production office. If your is the winning idea, you'll have an opportunity to take a spin on the Rex Wheel of Chance!

# **Monthly Winners**

By Scott Wagner, Plant Mgr.

Our Improvement Idea winner for the month of June was Chuba Blaze, a Furnace Operator on second shift. Mike Townsend, Greg Smith, Greg Bruno, Derek McAlarney, Ray DeHaven, Robert Forbes, John Moss, Trevor Levonski, Paul Moss, Tom Felder, and Lee Holder, who also put in improvement ideas in June, each received a "Thank You" pin and a \$5 lottery ticket.



Chuba Blaze (right), the Improvement Idea winner, is congratulated by Scott Wagner, Plant Manager

Before he took his spin, we had Chuba draw a name for the "Monthly Employee Appreciation" reward. That lucky winner was Sarah Mansuetti, Director of Quality Assurance. When Sarah took her spin, she won a reward of \$50.

Sarah drew 5 names from a bucket that contained the names of all Rex employees, and Appreciation winner, is the winners each received a \$5 instant lottery ticket. Those 5 lucky winners of lottery tick-congratulated by Scott

ets were Jung Ohm, Greg Bruno, Yao Kangni Soukpe, James Stewart,

and Sharlrev Dubisette.



When **Chuba** took his spin, he won a reward of \$200.

For refreshments everyone enjoyed Theresa Scargill (1 yr.) and Sarah Mansuetti (8 an assortment of cookies and free Wagner. Also celebrating an anniversary were Mike Townsend, Trevor hot beverages from the vending ma
John Sherman (22 yrs.), Johnathan Rex (23 yrs.),

and Virginia Lindquist (54 yrs.)

Don't forget to come to the spin next

month. Someone's name will be picked to be that month's Employee Appreciation winner. and it could be you! Then you'd get your turn to try your luck with a spin on the Rex Wheel of Chance!

receive their pins from Scott.





Sarah Mansuetti (right), the Employee

Wagner, Plant Mgr



Jung Ohm (left) and Sharlrey Dubisette (left) collect their lottery tickets from Scott Wagner.

Volume 14, Issue 8 Page 2

# **Getting to Know You!**



Our featured employee this month is **Sarah Mansuetti**, our Director of Quality Assurance here at Rex Heat Treat. Sarah came to Rex 8 years ago as a metallurgist. She needed a job after graduating from college and we needed a metallurgist.

Sarah was born in Pittsburgh, Pennsylvania, and has two younger brothers. Her brother Joe is a wildlife conservationist in Florida, and Andrew is a college student in Erie, Pennsylvania.

Always on the go, Sarah enjoys volunteering with her church. She is on their summer softball team, coordinates their Missions Outreach programs, and is a volunteer leader with the youth group. An avid reader, Sarah is always in the middle of a book. And there is always a project on her knitting needles.

Fall is Sarah's favorite season, as she likes when the

weather gets cool in the evening, and she always seems to be busier in the fall. The holiday she likes best is the Fourth of July. She remarked, "What could be better than fireworks and a parade and a picnic to celebrate!"

As far as traveling is concerned, Sarah most often visits her family in western Pennsylvania, but her favorite place to travel is anywhere she hasn't been before.

If she ever won the lottery, Sarah says she would pay off her student loans first. When asked what her least favorite task was, she mentioned that she does not like to scrub the tub.

If Sarah had to describe herself in just three words, she believes "intelligent, thoughtful, and dedicated" would be a good description.

Sarah is an integral part of Rex Heat Treat and keeps our Quality Control Department on their toes! We are immensely pleased to have her on the Rex team!

## **Open Enrollment**

This is a reminder that in early to mid August you will be receiving forms to fill out for the Group Health Open Enrollment. As in the past, you will be required to fill out all of the paperwork provided to you within the stated time frame, even if you plan on keeping the same coverage and have made no major life changes normally affecting group health insurance.

We are currently negotiating the group plans with Keystone Health Plan East or Aetna for health, prescriptions and vision, and have settled on Delta Dental to cover dental care. Final agreements on benefit levels are still to be finalized.



# **Welcome Aboard!**

Theodore Smith 100 Group

Howard Schimmel 600 Group

"You don't stop laughing when you grow old.

You grow old when you stop laughing."



George Bernard Shaw

Volume 14, Issue 8 Page 3



Employees celebrating a birthday in August are listed below. Let's wish them a happy day.

- 2 Jeremy Raudenbush
- 3 Victor Carrasquillo
- 3 Nathan Hamilton
- 5 Nancy McKinney
- 12 Evelyn Chmielewski
- 14 Scott Wagner



BOND 24











# Yearly Work Anniversaries

The following employees are celebrating their Work Anniversaries in August

#### 1 to 5 Years

#### 6 to 10 Years

### **Over 10 Years**

Brian Wingate

Nenneth "Lee "Holder

Robert Feldman

Richard Harris (16) Evelyn Chmielewski (18)

Keith Bannon (19)

Terry Copenhaver (35)

Victor Lopez (39)

John Rex (51)

You will receive your annual gift at the monthly spin.











# **DID YOU KNOW?**

• As of 2013, there have been 23 films in the EON Productions series of James Bond, and it is the secondhighest grossing and longest continually running film franchise to date. The most recent film release was 2012's



Skyfall, starring Daniel Craig in his third performance as the 007 agent.

- Actress Eunice Gayson, who played Sylvia Trench in the opening sequence of Dr. No, once stated that she was instructed to take Sean Connery out for a drink to help him relax because he was flubbing up his famous line "The name's Bond. James Bond." He accidentally kept giving his own name.
- Casino Royale is the first Bond film not to feature a female dancing silhouette in the opening titles.
- Author Ian Fleming wrote one Bond novel a year from 1952 (Casino Royale) to his death in 1964. All were written in Jamaica, where Fleming vacationed. He also wrote a story for his young son called Chitty Chitty Bang Bang: The Magical Car.
- James Bond wasn't a successful book series in America until John F. Kennedy included From Russia With Love on a list of his favorite books in 1961.
- In the films up to Casino Royale, Bond has a total of 114 drinks, or one every 24.3 minutes.
- Since the first book in 1962, Bond has killed over 150 men and slept with 44 women.

It is rumored that the 24th James Bond film will be based on a 2008 novel by Sebastian Faulks titled Devil May Care. The 24th Bond film, currently untitled, will open in UK cinemas on October 23, 2015 before getting a US release on November 6 that year.

#### A LITTLE HUMOR

A lady went to a psychiatrist complaining of a terrible phobia. "Every time I lay down on my bed. I get this terrible fear that there is something underneath."



"Wow!" responded the psychiatrist. "I've never heard of such a phobia, but like all phobias it can be treated, but it will likely take around 20 sessions."

"Ok." responded the lady. "How much is each session?"

"Oh, it's just \$80 a session, but trust me: it's well worth it."

When the lady didn't come back to the psychiatrist, he gave the lady a call. "How come I didn't hear from you?" He asked.

"Well," responded the lady. "When I came home and told my husband about the cost, he thought he would save some money. He just cut the legs off the bed!"



First you see me in the grass, dressed in yellow gay. Next I am in dainty white. Then I fly away.

What am I?

To submit your guess for The Rex Riddle, take a slip out of the folder in the rack in the Production Office, fill it out, and drop it in the box outside of the Production Office door. Guesses will be taken until the morning of the monthly

One name will be drawn from all the correct answers to receive a \$5 instant lottery ticket.

Can you figure out the riddle?

Volume 14, Issue 8 Page 4

## **Seven Common Accident Causes**

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Consider this statistic: 80 out of every 100 accidents are the fault of the person involved in the incident. *Unsafe Act*s cause *four times* as many accidents and injuries as *unsafe conditions*.

Accidents occur for many reasons. In most industries people tend to look for "things" to blame when an accident happens, because it's easier than looking for "root causes," such as those listed below. Consider the underlying accident causes described. Have you been guilty of any of these attitudes or behaviors? If so, you may have not been injured—but next time you may not be so lucky.

- 1. **Taking Shortcuts:** Every day we make decisions we hope will make the job faster and more efficient. But do time savers ever risk your own safety or that of other crew members? Shortcuts that reduce your safety on the job are not shortcuts, but an increased chance for injury.
- 2. **Being Overconfident:** Confidence is a good thing. Overconfidence is *too much* of a good thing. "It'll never happen to me" is an attitude that can lead to improper procedures, tools, or methods in your work. Any of these can lead to an injury.
- 3. **Starting a Task with Incomplete Instructions:** To do the job safely and right the first time, you need complete information. Have you ever seen a worker sent to do a job, having been given only a part of the job's instructions? Don't be shy about asking for explanations about work procedures and safety precautions. It isn't dumb to ask questions; it's dumb not to.
- 4. **Poor Housekeeping:** When clients, managers or safety professionals walk through your work site, housekeeping is an accurate indicator of everyone's attitude about quality, production and safety. Poor housekeeping creates hazards of all types. A well maintained area sets a standard for others to follow. Good housekeeping involves both pride and safety.
- 5. **Ignoring Safety Procedures:** Purposely failing to observe safety procedures can endanger you and your coworkers. You are being paid to follow the company safety policies—not to make your own rules. Being "casual" about safety can lead to a casualty!
- 6. **Mental Distractions from Work:** Having a bad day at home and worrying about it at work is a hazardous combination. Dropping your 'mental' guard can pull your focus away from safe work procedures. You can also be distracted when you're busy working and a friend comes by to talk while you are trying to work. Don't become a statistic because you took your eyes off the machine "just for a minute."
- 7. **Failure to Pre-Plan the Work:** There is a lot of talk today about Job Hazard Analysis. JHA's are an effective way to figure out the smartest ways to work safely and effectively. Being hasty in starting a task, or not thinking through the process, can put you in harm's way. Instead, <u>Plan Your Work</u> and then <u>Work Your Plan!</u>



"It is better to be careful 100 times than to get killed once." (Mark Twain)

# **Sun and Heat Exposure Safety Facts and Tips**

During the summer many people like to spend time outside in the sun for fun or work. But overexposure to the sun can damage the skin and could cause skin cancer. Heat stroke, heat exhaustion, heat cramps and heat rash are possible when your become overexerted in the heat. Put your health first in order to enjoy the summer.



- Wear a wide-brimmed hat to keep your head and face cool. This will also provide added protection from damaging sun exposure. Baseball caps provide little protection except to the face. A hat should protect the neck, face and ears.
- Wear a long-sleeved shirt at all times. It should be light colored and loose fitting except when working around machinery.
- Carry a source of water with you. Take drinks frequently—every 15 minutes.
- Take frequent breaks in the shade or in a cool environment during the hottest times of the day.
- Someone suffering from heat exhaustion or heat stroke should be moved to a cool environment, offered sips of water, if conscious, and provided with attention from emergency medical personnel.
- Wear sunscreen that has an SPF of at least 15. Make sure children are also adequately protected.